

DOW INTERNATIONAL MEDICAL COLLEGE (DUHS)
FIRST PROFESSIONAL YEAR MBBS BATCH - 2031
MUSCULOSKELETAL SYSTEM - I MODULE (2026)

Revised Time Table: Week – 5

Days	8:30 – 9:30 AM	9:30 - 10:30 AM	11.00 AM - 12:30 PM	1:30 – 3:00 PM
Mon 10/8	PHYSIOLOGY Characteristics of Whole Muscle Contraction Dr Falak Sehar	ANATOMY Nerve Injuries of Upper Limb Dr. Tanzeela Khan	1. A = CBL (Breast Lump) ANATOMY DEPT Dr.Shumaila 1. B = PHYSIOLOGY To Record Simple Muscle Twitch PHYSIO LAB Dr. Asma Bilquis 2. C = SELF STUDY	PHYSIOLOGY Mechanics of Skeletal Muscle Contraction Dr. Uzair Abbas
Tues 11/8	ANATOMY Spaces of Palm Dr.Hina Jabeen	PHARMACOLOGY NSAIDs – I (Aspirin) Dr Hina Javeria	1. B=CBL 2. C=Physio lab 3. A=Self Study	PRACTICAL SLOT 1. C= CBL 2. A=Physio lab 3. B= Self study
Wed 12/8	PATHOLOGY Fractures and Bone Repair Prof. Dr. Lubna Avesi	EMBRYOLOGY Development of Mesoderm, Paraxial Mesoderm, Scleromyotome and Formation of Cartilages Dr.Sara Farhan	2. A = SKILL LAB Vital signs-Blood Pressure SKILL LAB 3. B= BIOCHEMISTRY (TUTO) Interpretation of Bone Markers in Bone Diseases BIOCHEMISTRY DEPARTMENT Dr Mehnaz Gitay 3. C= ANATOMY (Models study) Models of Arm (Bones, Muscles, Nerves and Vessels) ANATOMY MUSEUM Dr.Abdul Basit	ANATOMY Surface Anatomy of Upper Limb Dr.Sara Farhan
Thurs 13/8	ANATOMY Topographic Anatomy of Lower Limb Nomenclature Dr.Tanzeela Khan	Session by Research Department Dr. Sonia Siddiqui	1. B= SKILL LAB Vital signs-Blood Pressure SKILL LAB 2. C= BIOCHEMISTRY (TUTO) Interpretation of Bone Markers in Bone Diseases BIOCHEMISTRY DEPARTMENT 3. A= Anatomy Model study	ANATOMY (DEMO) Osteology of Hip Bone I Dr.Zaheer Amjad
Fri 14/8	INDEPENDENCE DAY			
Sat 15/8	8:30 – 10:00 AM ANATOMY (DEMO) Osteology of Hip Bone II Dr.Zaheer Amjad	10:00-11:00 Self-study	1. C= SKILL LAB Vital signs-Blood Pressure SKILL LAB 2. A= BIOCHEMISTRY (TUTO) Interpretation of Bone Markers in Bone Diseases BIOCHEMISTRY DEPARTMENT 3. B= Anatomy Model study	SELF STUDY